

MagHealy Studies



The Clinical Research Team conducted the following observational studies/market surveys with MagHealy users in the past:

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MagHealy Classic Study

Assessment:

- Quality of Life (WHO-5)
- Decrease in Concerns (Mymop)
- Burnout test (CBI)
- Assess Current Mood (ASTS)

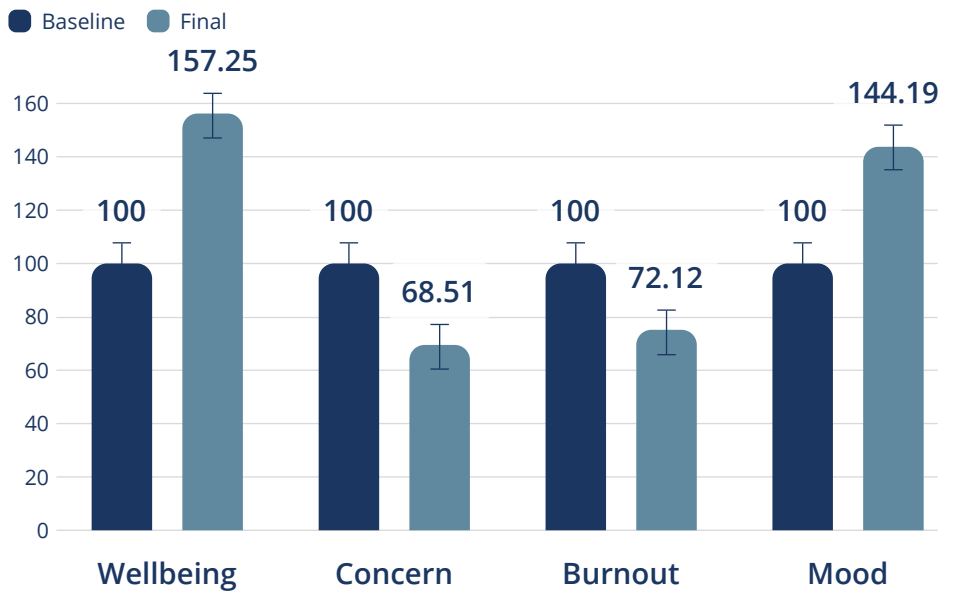
Study programs:

During the 14-day the participants should apply two times MagHealy

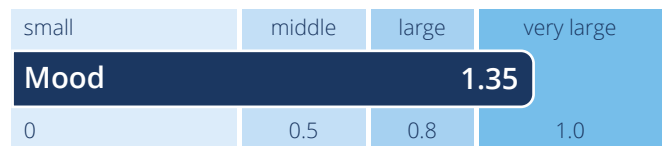
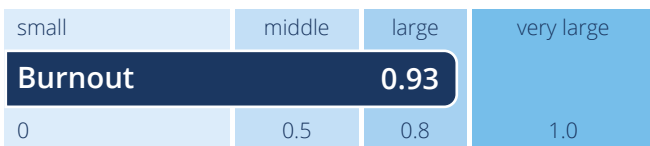
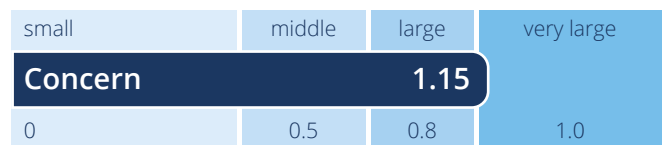
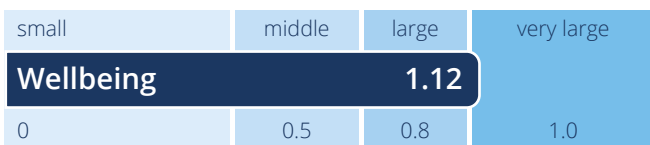
Incentive:

Deep Cycle unlimited

Pre/Post Comparison MagHealy Classic



Effect size of MagHealy Classic (Cohen's d*)



Randomized, 14-days, 2-arm controlled study (Classic programs versus waiting control with MagHealy with 194 participants, Error bars = 95% confidence interval)

* Effect size of MagHealy Classic (Cohen's d); d < 0.5 small effect; d = 0.5 – 0.8 middle large effect; d = 0.8 – 1.0 large effect; d > 1.0 very large effect

MagHealy Atmosphere Study

Assessment:

- Quality of Life (WHO-5)
- Decrease in Concerns (Mymop)

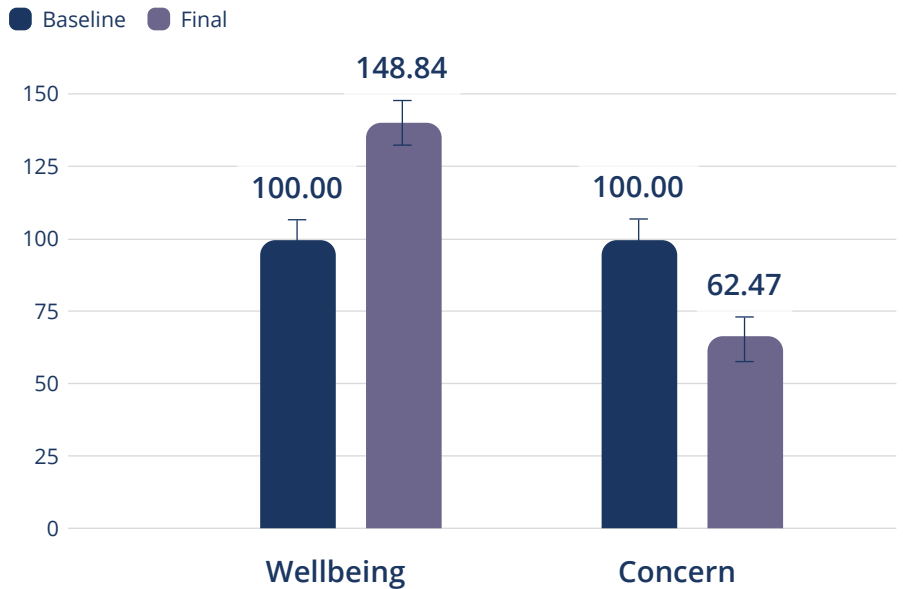
Study programs:

- Holistic Health (morning)
- Sleep (evening) are used daily for basic harmonization

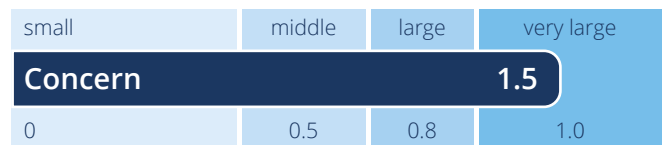
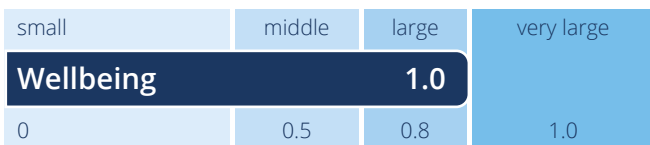
Incentive:

Deep Cycle unlimited

Pre/Post Comparison MagHealy Atmosphere



Effect size of MagHealy Atmosphere (Cohen's d*)



Randomized, 14-days, 3-arm controlled study (MagHealy programs vs standard Healy application vs waiting control with MagHealy; 188 participants, Error bars = 95% confidence interval)

* Effect size of MagHealy Atmosphere (Cohen's d); d < 0.5 small effect; d = 0.5 – 0.8 middle large effect; d = 0.8 – 1.0 large effect; d > 1.0 very large effect

MagHealy Water Study

Assessment:

- Quality of Life (WHO-5)
- Decrease in Concerns (Mymop)

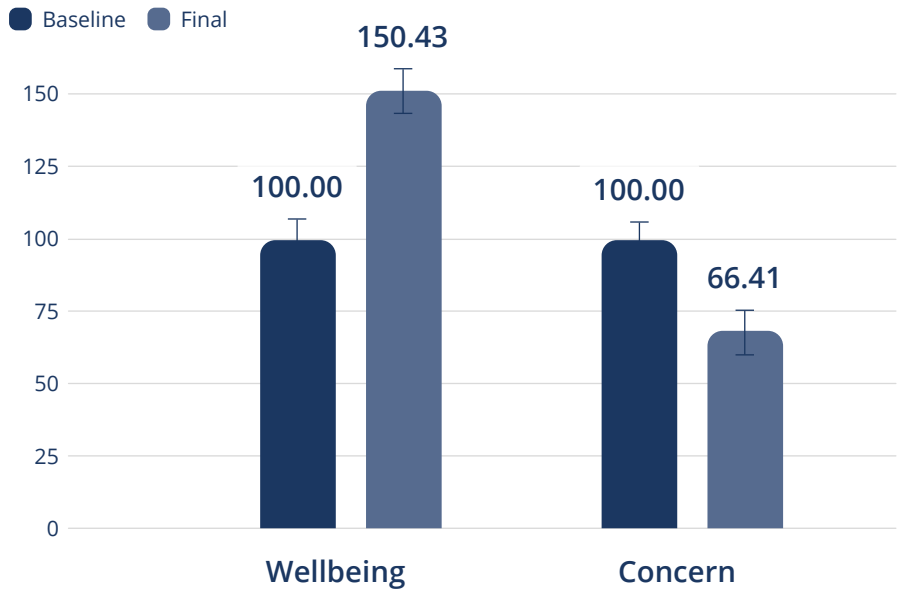
Study programs:

- Fitness (in the morning)
- Energy (in the afternoon)
- Cell activation (in the evening)
→ to activate 500 ml of water
The activated water should be consumed within the following 2-3 hours

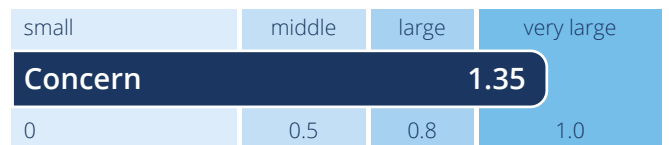
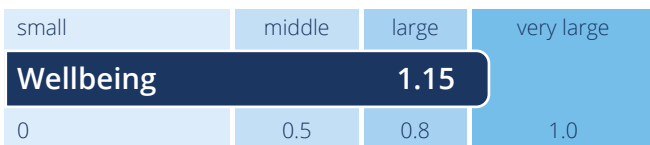
Incentive:

Deep Cycle unlimited

Pre/Post Comparison MagHealy Water



Effect size of MagHealy Water (Cohen's d*)



Randomized, 14-days, 2-arm controlled study (MagHealy programs versus waiting control with with 162 participants, Error bars = 95% confidence interval)

* Effect size of MagHealy Water (Cohen's d); $d < 0.5$ small effect; $d = 0.5 - 0.8$ middle large effect; $d = 0.8 - 1.0$ large effect; $d > 1.0$ very large effect

MagHealy McMakin Study

Assessment:

- Quality of Life (WHO-5)
- Decrease in Concerns (Mymop)

Study programs:

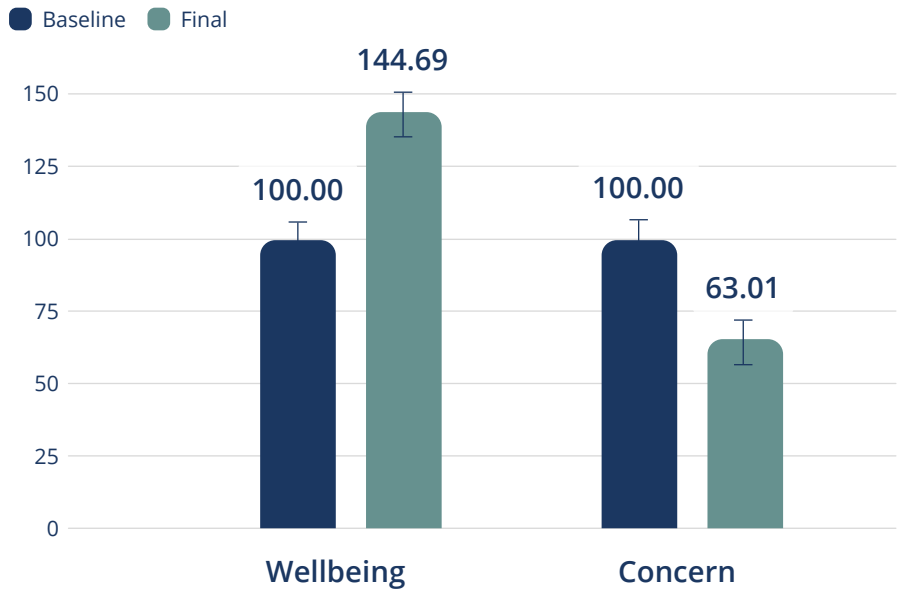
- Brain Harmony (morning)
- Vagus (evening) are used daily for basic harmonization

In addition, if needed the programs Sleep and Digestion, are provided.

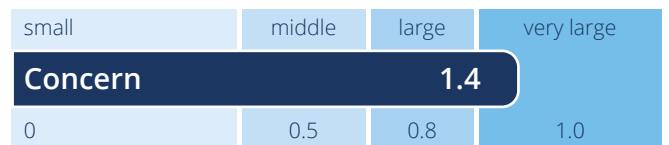
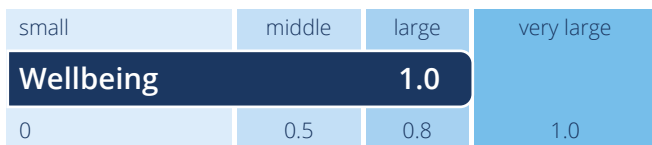
Incentive:

Deep Cycle unlimited

Pre/Post Comparison MagHealy McMakin



Effect size of MagHealy McMakin (Cohen's d*)



Randomized, 14-days, 2-arm controlled study (MagHealy programs versus waiting control with with 162 participants, Error bars = 95% confidence interval)

* Effect size of MagHealy McMakin (Cohen's d); d < 0.5 small effect; d = 0.5 - 0.8 middle large effect; d = 0.8 - 1.0 large effect; d > 1.0 very large effect

MagHealy Meridian Module Study

Assessment:

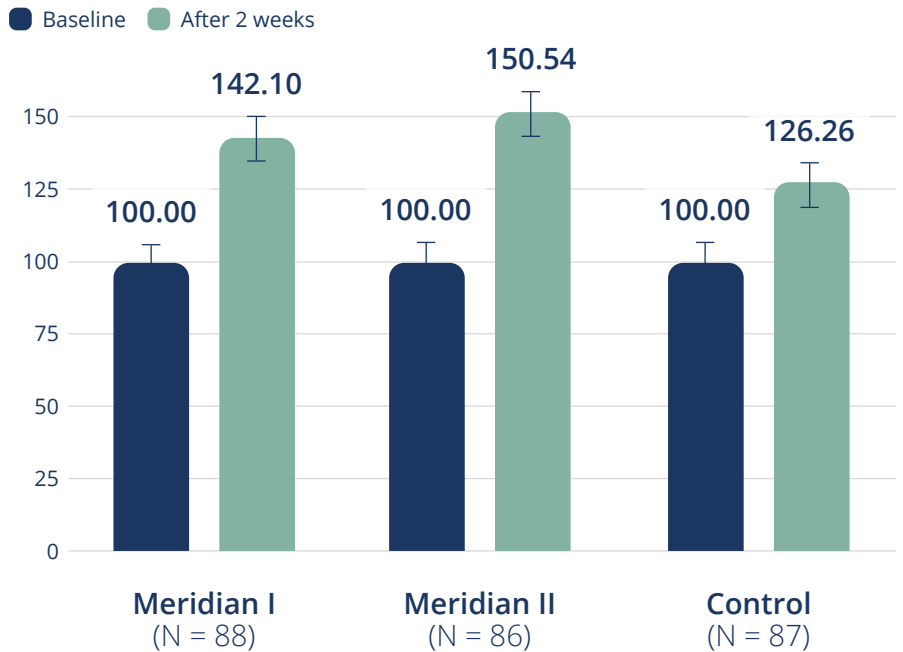
- **Wellbeing (WHO-5)**
- Quality of Life (SF-36)
- Decrease in Concerns (Mymop)

Study programs:

MagHealy Meridian Module + recommended programs

- Meridian group I: Analysis + vibration of the results
- Meridian group II: Analysis + vibration of the results + 1 program per day
- Control group: Used the Healy without recommendations

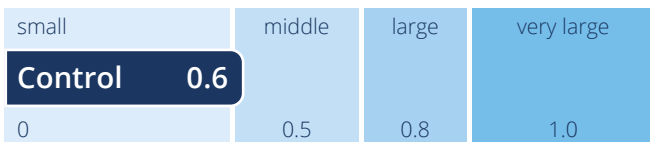
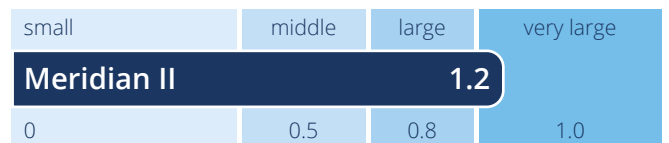
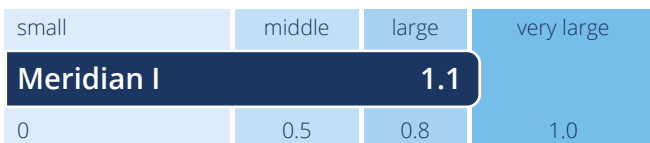
Pre/Post Comparison Changes in Wellbeing (WHO-5)



Incentive:

Meridian Module for 12 months

Effect size (Cohen's d*) Treatment versus Control



Randomized, two-arm pilot study with waiting group control to quantify the effort of the Meridian Module (harmonization and/or program application) on improvement of general wellbeing, quality of Life and goal attainment in healthy volunteers conducted by Healy World with 261 participants (Error bars = 95% confidence interval)

* Effect size (Cohen's d): d < 0.5 small effect; d = 0.5-0.8 middle large effect; d = 0.8-1.0 large effect; d > 1.0 very large effect

MagHealy Meridian Module Study

Assessment:

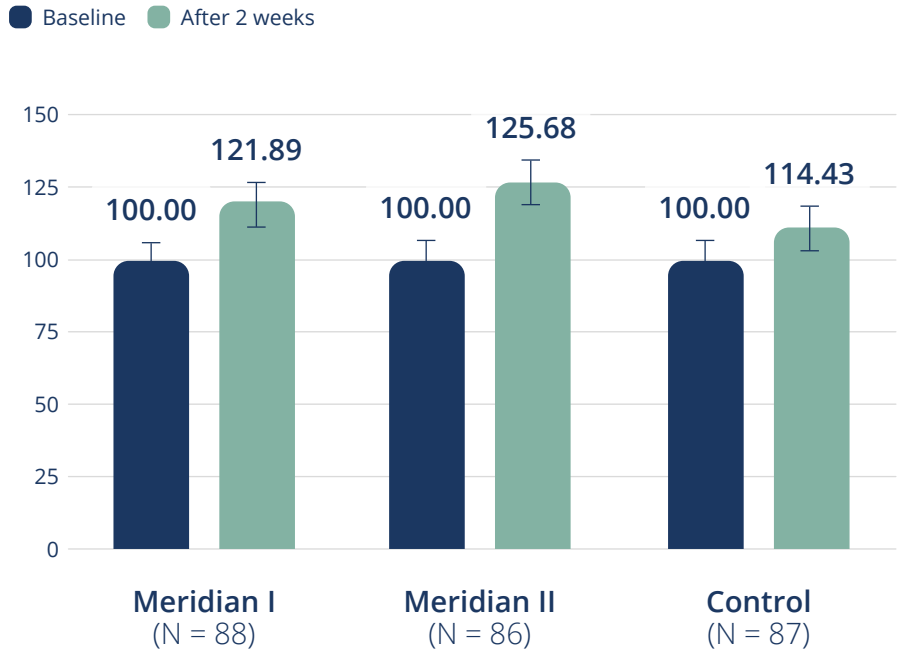
- Wellbeing (WHO-5)
- **Quality of Life (SF-36)**
- Decrease in Concerns (Mymop)

Study programs:

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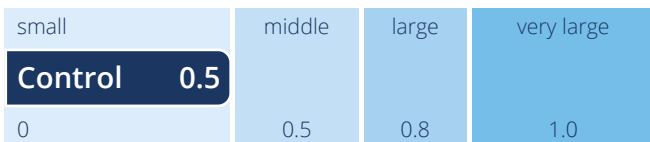
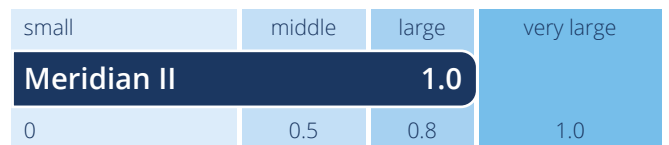
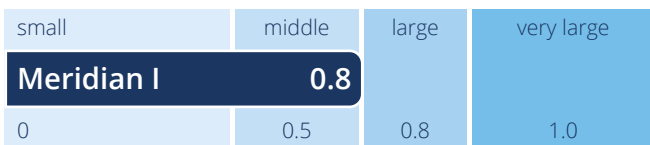
Pre/Post Comparison Changes in Quality of Life (SF-36)



Incentive:

Meridian Module for 12 months

Effect size (Cohen's d*) Treatment versus Control



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MagHealy Meridian Module Study

Assessment:

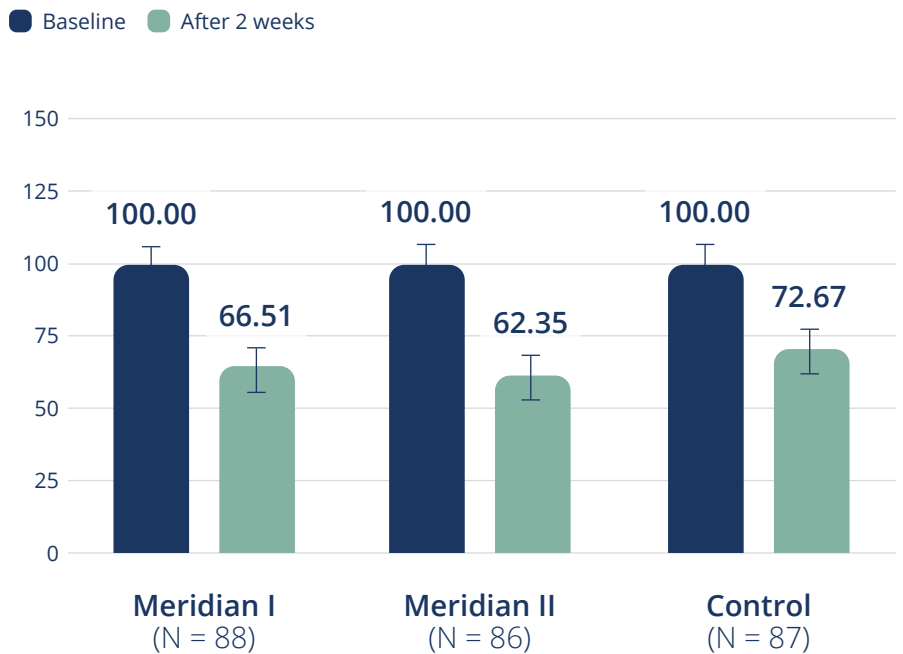
- Wellbeing (WHO-5)
- Quality of Life (SF-36)
- **Decrease in Concerns (Mymop)**

Study programs:

MagHealy Meridian Module + recommended programs

- Meridian group I: Analysis + vibration of the results
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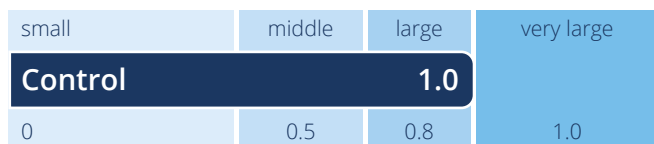
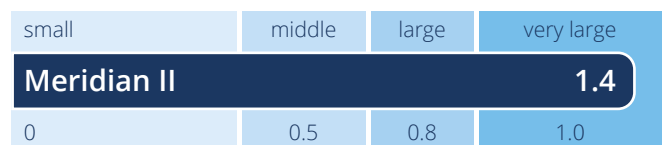
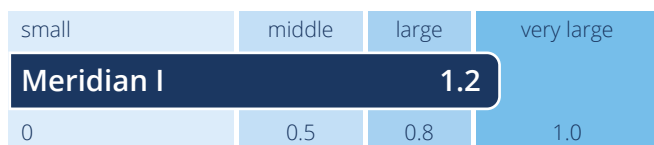
Pre/Post Comparison Changes in Concerns (Mymop)



Incentive:

Meridian Module for 12 months

Effect size (Cohen's d*) Treatment versus Control



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Frequencies for Your Life

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